



**POLAND - RUSSIA**  
CROSS-BORDER  
COOPERATION PROGRAMME  
2014-2020



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## **CYCLING RIDE „POLAND-RUSSIA” RULES**

**warmińsko-mazurskie region, 21-22.09.2018**

1. The Cycling Ride Rules define rules of participation in the Cycling Ride "Poland-Russia", organised on 21-22.09.2018 in the warmińsko-mazurskie region, hereinafter "the event".
2. The aim of the ride is to promote cross-border cooperation and dissemination of knowledge regarding the Poland-Russia Cross-border Cooperation Programme 2014-2020 and the European Union.
3. The ride is organised on the occasion of the European Cooperation Day, which is celebrated on 21 September and the surrounding days.
4. To take part in the ride, please fill in a registration form, declare consent for processing the personal data and property release and send it to the following e-mail addresses: [Katarzyna.wantoch-rekowska@plru.eu](mailto:Katarzyna.wantoch-rekowska@plru.eu) – Polish participants, [office@tisc.org.ru](mailto:office@tisc.org.ru) – Russian participants.
5. Registration is open until **14.09.2018 (12 p.m.)**. The number of places is limited.
6. Participation in the event is free of charge.
7. The organisers of the event are: the Joint Technical Secretariat of the Poland-Russia Cross-border Cooperation Programme 2014-2020, Branch Office in Kaliningrad, the Regional Centre for International Debate in Olsztyn and the Association of Active Tourism Center "KOŁODROM", hereinafter the organisers.
8. Persons, who reported their participation in the event according to the point 4, are called participants.
9. The registration of the participation in the event is equal to the acceptance of these rules and is a commitment to its strict observance.
10. The organizers provide a casualty insurance together with liability insurance for all ride participants.
11. A medical rescuer will be present during the entire ride.
12. All participants of the event are strictly obliged to adhered to the relevant fire regulations, policing regulations and safety regulations.
13. The organisers reserve the right to refuse to give consent for participation in the ride for a person who is inebriated or is influenced by other intoxicants. The organizers are entitled to make changes in the course of the event due to unforeseen and unavoidable reasons (e.g. rain or break in the weather) and change the schedule of the event.



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14. Each participant of the ride has to own a functional bicycle, with appropriate equipment, in accordance with traffic regulations.
15. Only persons, who reported their participation in the ride according to the point 4 and received confirmation of participation via phone/e-mail till 07.09.2018 can take part in the event.
16. Surface of the ride routes: asphalt/ paved dirt track. The route mainly runs through the "Green Velo" cycling route and other cycling routes.
17. Polish participants will reach the beginning of the ride route by train (Olsztyn-Korsze). A cost of the train ticket will be covered by each participant from its own funds. The Russian participants will reach the beginning of the ride route by bus from Kaliningrad, which will be provided by the Branch Office of the Joint Technical Secretariat in Kaliningrad.
18. The route of the first day of the ride is as follows: ride from Korsze to Krawczyki. In Krawczyki, the organisers provide lunch. Then ride from Krawczyki to Lidzbark Warmiński. On arrival to Lidzbark Warmiński, sightseeing is planned. In Lidzbark Warmiński, the organisers provide dinner and accommodation.
19. The second day includes ride from Lidzbark Warmiński to Dobre Miasto, tour around the city and lunch. Then ride from Dobre Miasto to Olsztyn, where is the end of the event. The Russian group will travel by bus from Olsztyn to Kaliningrad. The bus will be provided by the Branch Office of the Joint Technical Secretariat in Kaliningrad.
20. Adults participate in the ride individually, whereas persons under 18 years of age participate only under parent's or legal guardian's care. The organisers accept no responsibility of persons under 18 years of age.
21. Each participant of the ride takes part in the event under his own responsibility. Persons under 18 years of age participate in the event under parent's/ legal guardian's care.
22. Each participant is obliged to cover any material damage caused by him to the organisers or third parties.
23. Each participant declares to be in perfect health and is able to perform the physical effort required for the participation in the ride.
24. The organisers are not responsible for accidents caused by participants of the ride or in which they took part.
25. The participant is liable personally for the breach of traffic law or other legal regulations.
26. Participants of the ride should take drinks with them.
27. Participants in the rally should be dressed appropriate to the weather conditions. It is recommended to use helmet during the ride.



28. On the route the following is prohibited: consume alcohol and other intoxicants, litter the route of the ride and adjacent areas, destructing nature, loud behavior, swerving from the ride route without the consent of the organisers.
29. Participants of the ride move according to the traffic regulations.
30. The ride is organised with unrestricted traffic (for cars and other road users).
31. A guide move at the head of the ride. He sets right speed and direction. Behind the guide are other participants of the ride, divided into groups (columns).
32. At the end of the group is a person designated by the guide.
33. The traffic is on the right side of the road, 30-50 cm from its edge.
34. When driving in a row, keep the distance between bicycles at least 2 m, and on the turns – 5 m.
35. Participants of the ride are divided in groups (columns). The maximum number of people in one column is 15.
36. The distance between the groups (columns) must be at least 200 m.
37. Participants should ride steadily and calmly. It is forbidden to block the road, parallel driving and continuous position changes, as well as driving without holding handlebar and taking off feet from the pedals.
38. Each change of the cyclist direction has to be signalled to ensure the safety of the ride for other participants.
39. At the turning, do not scorch the bike, nor overtake; the speed should be controlled by braking.
40. If it is not possible to continue riding due to failure or other reason, a participant informs the organisers about this fact.
41. All possible repair of equipment and other situations requiring stop must take place in the place of the failure. The repair cannot make it difficult for other riders.
42. The organisers reserve the right to change the rules at any time. The participants will be notified about the change of the rules.
43. All participants of the event agree to the publication of their images in audiovisual relations and photographic documentation taken during the event, which will be posted in the media and promotional materials of the organisers.
44. In matters not covered by these rules, the provisions of the Civil Code shall apply.



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Organisers:

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Cross-border Cooperation Programme 2014-2020  
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236006 Kaliningrad, Russia

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87 Partyzantów Street  
10-402 Olsztyn

Association of Active Tourism Center "KOŁODROM"  
22/22 Mroza  
10-692 Olsztyn

The responsible person for the organisation of the Cycling Ride "Poland-Russia" is Katarzyna Wantoch-Rekowska, Information Officer at the Joint Technical Secretariat of the Cross-border Cooperation Programme Poland-Russia 2014-2020, Center of European Projects, 14 Głowackiego Street, 10-448 Olsztyn, Poland, phone: +48 89 722 81 56, e-mail: [katarzyna.wantoch-rekowska@plru.eu](mailto:katarzyna.wantoch-rekowska@plru.eu).